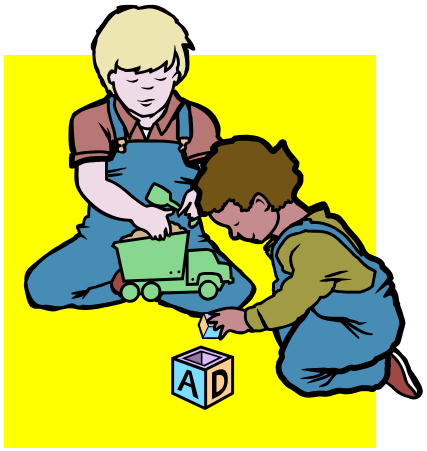
I Can Be a SUPER FRIEND!



Created for Tab by Lisa Grant & Rochelle Lentini
2002



I like talking and playing
with my friends
at school.



Sometimes, I want to play with what my friends are playing with.

When I play, I sometimes feel like taking toys, using mean words, or hitting and kicking.

My Friends get sad or mad when I hit, kick, use mean words, or take toys.



If I want to join in play, I need to join nicely or ask to play with my friends' toys.



I can say, "Can I play with that toy?" or "Can I play with you?".

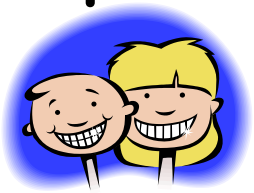




First I stop, then I think about what a Super Friend would do.



Super Friends use:



Use nice talking,



Gentle hands and feet,



Look with their eyes,



Listen with their ears, &



Take turns with toys.



I can try to be a SUPER FRIEND.

Taking turns can be fun!

My friends and I get to play with toys we like.



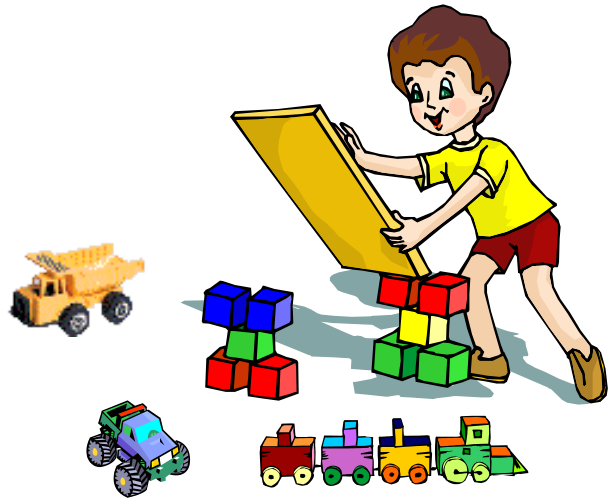
My friend can take a turn, then I can take a turn.



If I want to play with my friend's toy, I can say: "Can I please play with that toy?".



After I ask my friend for a turn,





sometimes I might have to wait for my turn, but I will get a turn soon.



My friends and I like playing together.



Sometimes when my friends play, I get upset. I may want them to play with the toys my way.



But my friends can play with toys their way and I can play my way, as long as we all play nicely together.

My friends get sad when I use mean talking, hit, kick, or hurt toys.

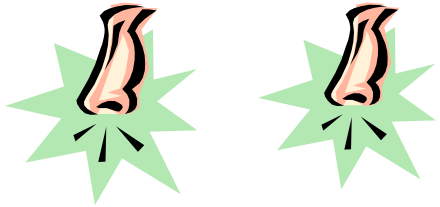


I can try to go with the flow instead.

I can go with the flow.







I can stop, take 2 deep breaths, and say
To myself: "I can go with the flow."





I like going to school and playing with my friends and teachers. I also like playing with friends at home.



But sometimes I have a hard time and feel frustrated or angry. If I feel this way,



I need to STOP, THINK, and DO.

I can also remember that a Super Friend can







stop, take 2 deep breaths, and say: "I can go with the flow."



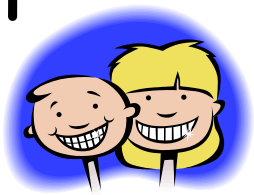
If I am still having a hard time, I can ask an adult for help. I can go to the adult and say: "Can you please help me?"



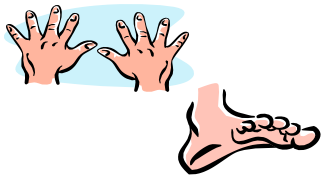




Super Friends use:



Use nice talking,



Gentle hands and feet,



Look with their eyes,



Listen with their ears, &



Take turns with toys, &

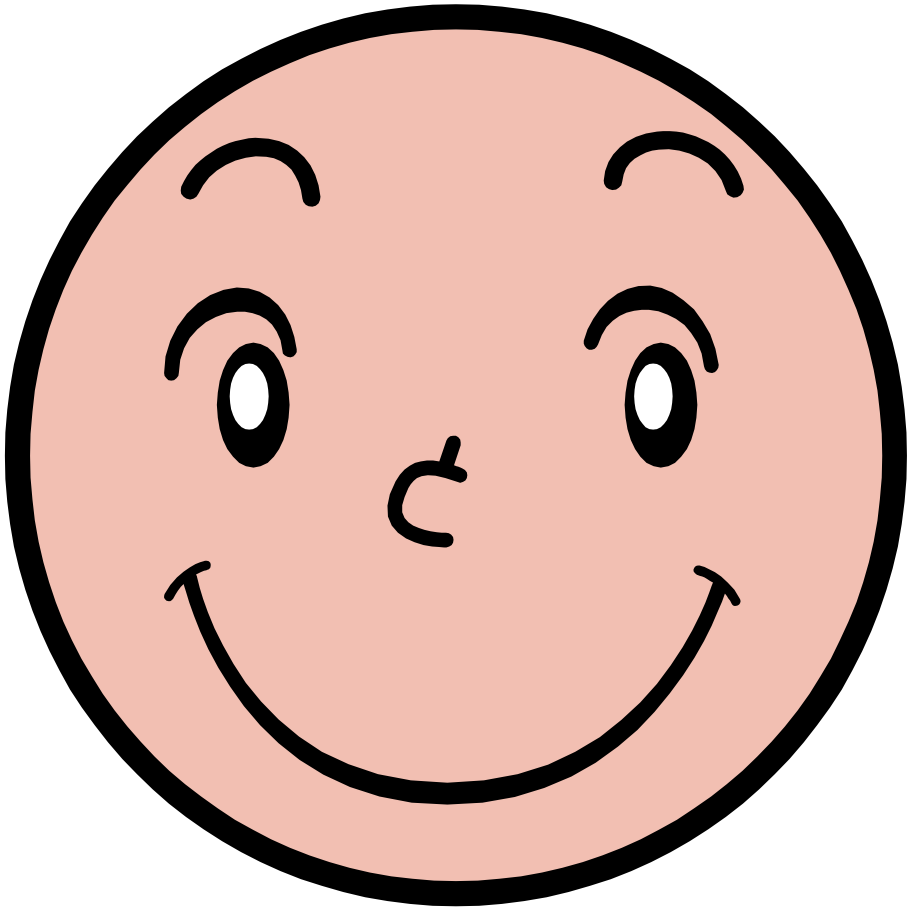


Go with the flow.



Everyone is happy







when I am a SUPER FRIEND!





I can join my
friends and play nicely.



CUE CARDS

“Stop” on one side.

“Cue” on other side.

(cut-out and placed on a ring)





I can go
with the flow.



I can take
turns nicely.







I can stop,
think, and do.

I CAN BE A SUPER FRIEND





I can join my friends and play nicely. _____



I can take turns nicely. _____



I can go with the flow. _____



I can stop, think, and do. _____

DATE: _____